

THE REPRDUCTIVE HEALTH TRAINING CENTER YEAR 2023

ANNUAL REPORT 2023

**PREPARED BY:
SORIN BALAN**

CIDSR / RHTC



Centrul de Instruire în Domeniul Sănătății Reproductive /
Reproductive Health Training Center





A WORD FROM THE DIRECTOR

WITH THE HELP OUR INVALUABLE PARTNERS AND DONORS EFFORTS, WE WERE ABLE TO PROVIDE COMPREHENSIVE TRAINING PROGRAMS, WORKSHOPS, EDUCATIONAL INITIATIVES AND MEDICAL CARE AIMED AT EMPOWERING INDIVIDUALS AND COMMUNITIES WITH THE KNOWLEDGE AND SKILLS TO MAKE INFORMED DECISIONS ABOUT THEIR SEXUAL AND REPRODUCTIVE HEALTH.

THE REPRODUCTIVE HEALTH TRAINING CENTER REFLECTS ON A YEAR MARKED BY CHALLENGES AND TRIUMPHS IN ADVANCING SEXUAL AND REPRODUCTIVE HEALTH AND RIGHTS. DESPITE FACING OBSTACLES ALONG THE WAY, WE ARE PROUD TO REPORT SIGNIFICANT PROGRESS IN OUR MISSION.

MOVING FORWARD, THE REPRODUCTIVE HEALTH TRAINING CENTER REAFFIRMS ITS COMMITMENT TO ADVANCING SRHR THROUGH SAFE MEDICAL CARE, INNOVATIVE PROGRAMS, ADVOCACY EFFORTS, AND COLLABORATIVE PARTNERSHIPS. TOGETHER, WE WILL CONTINUE TO STRIVE TOWARDS A WORLD WHERE EVERY INDIVIDUAL HAS THE OPPORTUNITY TO LEAD A HEALTHY, FULFILLING LIFE, FREE FROM DISCRIMINATION AND STIGMA.

RODICA COMENDANT
DIRECTOR

Signature.

OUR INVALUABLE PARTNERS



**BIBLIOTECA POLONEZA
„ADAM MICKIEWICZ”**



TARA
Centrul Sănătății Femeii

awid



Gynuity
HEALTH PROJECTS

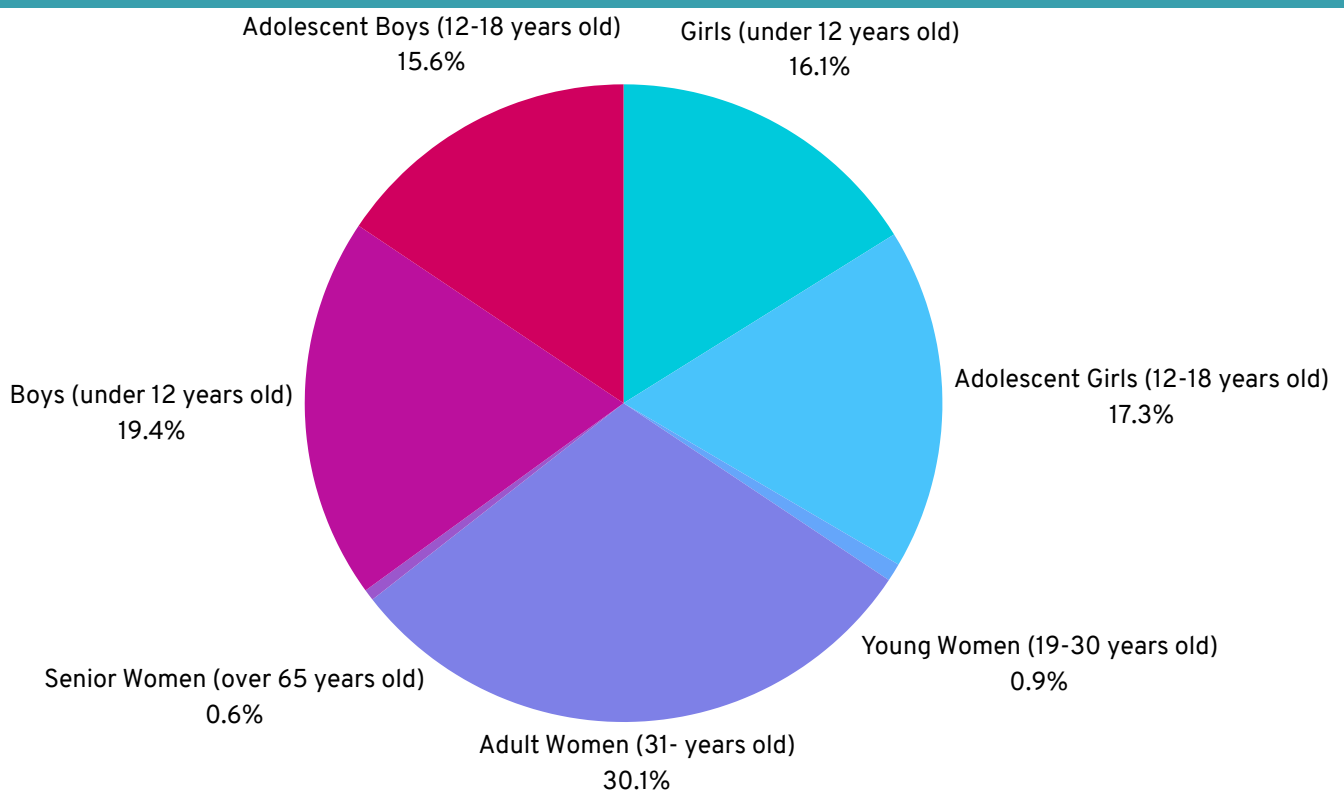


THE REPRPDUCTIVE HEALTH TRAINING CENTER YEAR 2023



IN THE PAST YEAR, WITH THE HELP OF EQUALITY FUND, THE REPRODUCTIVE HEALTH TRAINING CENTER HAS BEEN COMMITTED IN ITS MISSION TO PROVIDE ESSENTIAL REPRODUCTIVE HEALTH SERVICES TO UNDERSERVED COMMUNITIES. THROUGH OUR DEDICATED TEAM AND FACILITIES, WE HAVE SUCCESSFULLY SUPPORTED AND EMPOWERED OVER 600 WOMEN, ADOLESCENTS AND REFUGEES, BY OFFERING EDUCATION, FAMILY PLANNING, GYNECOLOGICAL COUNSELLING AND EXAMS AND SAFE ABORTION PROCEDURES, INCLUDING MA VIA TELEMEDICINE.

THE TARA CENTER IS THE MEDICAL UNIT OF THE REPRODUCTIVE HEALTH TRAINING CENTER (RHTC). THE TARA CENTER IS ONE OF THE FEW MEDICAL CENTERS WITH A GYNECOLOGICAL PROFILE IN MOLDOVA THAT IS 100% ADAPTED TO THE NEEDS OF GIRLS/WOMEN WITH DISABILITIES



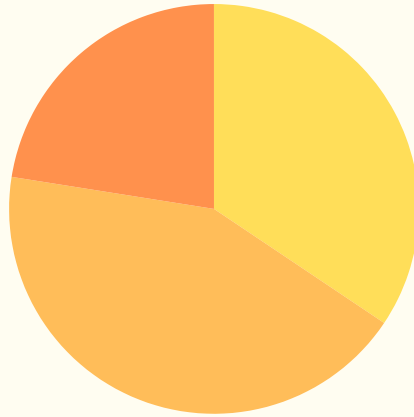
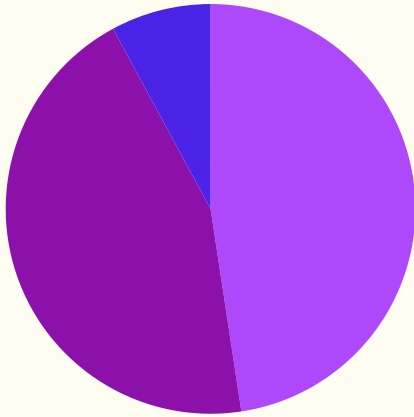
IDENTIFICATION OF YOUNG PEOPLE'S KNOWLEDGE ON SEXUALITY EDUCATION

THESE TRAININGS ARE PART OF A SERIES OF ACTIVITIES PLANNED WITHIN THE PROJECT "IDENTIFICATION OF YOUNG PEOPLE'S KNOWLEDGE ON SEXUALITY EDUCATION THROUGH PUBLIC LIBRARIES IN THE REPUBLIC OF MOLDOVA", A PROJECT IMPLEMENTED BY THE REPRODUCTIVE HEALTH TRAINING CENTER, IN PARTNERSHIP WITH THE ADAM MICKIEWICZ POLISH LIBRARY AND WITH THE FINANCIAL SUPPORT OF SOLIDARITÉS INTERNATIONAL. 355 YOUNG PEOPLE AGES 12-18 YEARS PARTICIPATED IN THE STUDY.

Girls Boys Did not want to answer

Age 12-14 Age 14-16 Age 16-18

Urban area Rural area



STUDY CONCLUSIONS

- PROBLEMS RELATED TO THE LACK OF SEXUAL EDUCATION FACED BY MOLDOVAN SOCIETY ARE ENCOUNTERED IN ALL COUNTRIES AROUND THE WORLD, BUT TO VARYING EXTENTS. THIS STUDY ONCE AGAIN DEMONSTRATES THAT OUR COUNTRY IS DEFICIENT IN SEVERAL AREAS;
- IN OUR SOCIETY, THERE STILL EXISTS THE STEREOTYPE THAT "SEXUAL EDUCATION" TEACHES US ONLY ABOUT "HOW TO HAVE SEX," AND THAT ONCE STUDIED AS A FORMAL DISCIPLINE, IT WILL ACCELERATE THE AGE AT WHICH YOUNG PEOPLE BEGIN THEIR SEXUAL LIVES;
- 42% OF THE YOUNG PEOPLE QUESTIONED ABOUT SEXUAL DEVELOPMENT APPROACH THIS SUBJECT ONLY AFTER THE AGE OF 12, WHILE ALL STUDIES DEMONSTRATE THAT THIS SUBJECT NEEDS TO BE ADDRESSED EVEN IN THE EARLY YEARS OF A CHILD'S LIFE;
- 47% OF THE YOUNG PEOPLE QUESTIONED HAVE DISCUSSED TOPICS RELATED TO SEXUALITY WITH A TRUSTED ADULT (TEACHER OR PARENT), WHILE MORE THAN HALF OF THE SAMPLE HAVE DISCUSSED WITH A FRIEND, RESEARCHED ON THEIR OWN ON THE INTERNET, OR HAVE NOT YET ADDRESSED THIS SUBJECT WITH ANYONE;
- YOUNG PEOPLE CONSIDER IT NORMAL TO BEGIN THEIR SEXUAL LIVES VERY EARLY (BEFORE 18 YEARS OLD) EVEN IF THEY DO NOT HAVE ENOUGH INFORMATION ABOUT WHAT THIS STAGE OF LIFE ENTAILS AND THE RISKS OF SEXUAL CONTACT;
- APPROXIMATELY 1/3 OF RESPONDENTS WERE NOT AWARE OF ANY CONTRACEPTIVE METHODS. LIMITED KNOWLEDGE ABOUT THE TYPES OF EXISTING CONTRACEPTIVES AND FEAR OF THEIR ADVERSE EFFECTS MAINLY PREVENT YOUNG PEOPLE FROM USING THEM DURING SEXUAL INTERCOURSE;
- 53% OF THE YOUNG PEOPLE QUESTIONED HAVE NEVER DISCUSSED TOPICS RELATED TO SEXUALITY WITH THEIR PARENTS. MANY PARENTS POSTPONE THE "DISCUSSION" UNTIL THE CHILD HAS ALREADY LEARNED ENOUGH INFORMATION FROM OTHER SOURCES, AND THE LACK OF CORRECT INFORMATION FOR TEENAGERS ABOUT SEXUAL ACTIVITY IMPLICITLY LEADS TO THE LACK OF FORMATION OF A RESPONSIBLE ATTITUDE TOWARDS IT;
- 64% OF THE ADOLESCENTS WHO PARTICIPATED IN THE QUESTIONNAIRE HAD LIMITED OR NO KNOWLEDGE ABOUT SEXUAL HEALTH. THEY SHOULD UNDERSTAND VERY EARLY ON THAT IT IS BETTER TO PREVENT AND BE SAFE THAN TO TREAT OR REGRET NOT HAVING PREVENTED;
- 65% OF RESPONDENTS BELIEVE THAT SEXUAL EDUCATION SHOULD BE TAUGHT IN SCHOOLS AS A SEPARATE DISCIPLINE;
- SCHOOL SHOULD NOT BE THE ONLY ENVIRONMENT WHERE CHILDREN LEARN ABOUT SEXUAL EDUCATION. ONLY THROUGH THE JOINT EFFORTS OF FAMILY, SCHOOL, HEALTH SERVICES, AND OTHER PARTNERS DIRECTLY CONNECTED TO YOUNG PEOPLE, CAN THE AWARENESS OF THE PROBLEM BE INCREASED AND POSITIVE SOLUTIONS GENERATED FOR YOUNG PEOPLE;
- THE EMPHASIS ON PROBLEMS AND RISKS DOES NOT ALWAYS COINCIDE WITH THE CURIOSITIES, INTERESTS, AND NEEDS OF YOUNG PEOPLE, WHICH IS WHY THIS APPROACH MAY NOT YIELD THE EXPECTED RESULTS, BUT INSTEAD PRESENTS REASONS FOR A MORE POSITIVE AND FRIENDLY APPROACH THAT LIBRARIES CAN OFFER;
- EVEN THOUGH PLANNING PROGRAMS HAVE THE BEST INTENTIONS, THEY FAIL TO ACHIEVE THEIR OBJECTIVES. THEIR SUCCESS DEPENDS HEAVILY ON ACCESS TO INFORMATION, AND LIBRARIES ARE THE RIGHT INSTITUTIONS IN THIS DIRECTION;
- SEXUAL EDUCATION DOES NOT TEACH CHILDREN TO HAVE SEX, BUT HOW TO PROTECT THEMSELVES FROM ABUSE, TO KNOW AND TO RESPONSIBLY REPORT THEIR OWN SEXUALITY, TO UNDERSTAND THE NOTION OF CONSENT AS WELL AS THE VALUES, RIGHTS, SOCIAL AND CULTURAL NORMS AFFECTING COUPLE RELATIONSHIPS.



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SETTING THE STAGE FOR REGIONAL SCALING UP OF MEDICAL ABORTION VIA TELEMEDICINE IN EASTERN EUROPE AND CENTRAL ASIA WITH THE HELP OF GRAND CHALLENGES CANADA

ALTHOUGH MEDICAL ABORTION (MA) PILLS ARE REGISTERED IN EASTERN EUROPE AND CENTRAL ASIA (EECA), MA IS SIGNIFICANTLY UNDERUTILIZED. INCONVENIENCE AND COSTS ASSOCIATED WITH TWO OR MORE MANDATORY IN-PERSON VISITS FOR MA LIKELY CONTRIBUTE TO REDUCED UPTAKE. ALSO, PREVAILING PATERNALISTIC ATTITUDES AMONG PROVIDERS MAY LEAD TO POOR COMMUNICATION AND MISTRUST AND MIGHT EXPLAIN PROVIDERS' UNWILLINGNESS TO OFFER MA. HENCE, SOME PREGNANT PEOPLE SELF-ADMINISTER UNREGISTERED PILLS PURCHASED FROM BLACK MARKET SELLERS WITH LIMITED ACCESS TO QUALITY INFORMATION. RECENT ANALYSES HAVE SHOWN MA VIA TELEMEDICINE SERVICES TO BE HIGHLY EFFECTIVE, SAFE, AND ACCEPTABLE IN MOLDOVA, AND GIVEN SIMILAR FINDINGS IN OTHER COUNTRIES WHERE TELEMEDICINE MA IS AVAILABLE, THE SERVICE IS EXPECTED TO BE EQUALLY SUCCESSFUL ACROSS EECA. HOWEVER, CURRENTLY THE PROVISION OF TELEMEDICINE MA SERVICES REMAINS VERY LIMITED IN THE EECA REGION, AND THERE IS A LACK OF DATA ON THE EXPERIENCES, OPINIONS, AND SUGGESTIONS OF KEY STAKEHOLDERS REGARDING MA AND SPECIFICALLY MA VIA TELEMEDICINE.

THE FUNDED INNOVATION AIMED TO CONDUCT FORMATIVE RESEARCH TO ASSESS THE FEASIBILITY OF EXTENDING THE MA VIA TELEMEDICINE SERVICE BEING PROVIDED IN MOLDOVA TO FIVE OTHER EECA COUNTRIES: ARMENIA, AZERBAIJAN, KAZAKHSTAN, KYRGYZSTAN, AND UZBEKISTAN, AND OPERATIONALIZE THE PROVISION OF MA VIA TELEMEDICINE IN ONE OF THE FIVE TARGET COUNTRIES. THIS REPRESENTS THE FIRST CRITICAL STEP TO INFORMING ADJUSTMENTS AND SCALING UP MECHANISMS OF THE MOLDOVA MODEL IN THE EECA REGION. REPRODUCTIVE HEALTH TRAINING CENTER WILL FACILITATE THE ESTABLISHMENT OF WORKING GROUP TEAMS (CONSISTING OF ABORTION PROVIDERS AND REPRESENTATIVES OF WOMEN'S RIGHTS ORGANIZATIONS) IN EACH OF THE COUNTRIES TO IDENTIFY AND COLLECT DATA FROM RELEVANT STAKEHOLDERS RELATED TO MA SERVICE DELIVERY BARRIERS AND THE POTENTIAL FOR MA VIA TELEMEDICINE PROVISION.



PROJECT'S RESULTS:

ALL THE PROJECT OBJECTIVES WERE MET:

- COUNTRY-LEVEL ACTION PLANS FOR NARROWING ACCESS GAPS AND IMPROVING MA UPTAKE VIA TELEMEDICINE WAS CREATED FOR FIVE EECA COUNTRIES BASED ON FORMATIVE RESEARCH RESULTS
- 50 WOMEN AND GIRLS IN ONE OF THE FIVE TARGETED EECA COUNTRIES WILL RECIVED THE MA/PAC PROCEDURE VIA TELEMEDICINE FROM A QUALIFIED SAFE ABORTION PROVIDER VIA TELEMEDICINE AND WERE FOLLOWED UP WITH TO ASSESS THE SAFETY, ACCEPTABILITY, AND EFFECTIVENESS OF THE SERVICE.
 - 45/50 (90%) WOMEN AND GIRLS RECEIVED MA VIA TELEMEDICINE AND WERE SATISFIED WITH THE SERVICE.
 - 45/50 (90%) WOMEN AND GIRLS RECEIVING MA/PAC VIA TELEMEDICINE CONFIRMED SUCCESSFUL COMPLETION OF THE PROCEDURE AT FOLLOW-UP WITHOUT REQUIRING AN IN-PERSON VISIT



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IMPROVED AWARENESS AND KNOWLEDGE OF WHO RECOMMENDATIONS ON SELF-CARE ABORTION AND FAMILY PLANNING IN EECA REGION WITH THE HELP OF SAFE ABORTION FUND

RECENT ANALYSES HAVE SHOWN MA VIA TELEMEDICINE SERVICES TO BE HIGHLY EFFECTIVE, SAFE, AND ACCEPTABLE IN MOLDOVA, AND GIVEN SIMILAR FINDINGS IN OTHER COUNTRIES WHERE TELEMEDICINE MA IS AVAILABLE, THE SERVICE IS EXPECTED TO BE EQUALLY SUCCESSFUL ACROSS EECA. HOWEVER, CURRENTLY THE PROVISION OF TELEMEDICINE MA SERVICES REMAINS VERY LIMITED IN THE EECA REGION, AND THERE IS A LACK OF DATA ON THE EXPERIENCES, OPINIONS, AND SUGGESTIONS OF KEY STAKEHOLDERS REGARDING MA AND SPECIFICALLY MA VIA TELEMEDICINE.

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THE PROJECT'S RESULTS:

- IMPROVED AWARENESS AND KNOWLEDGE OF WHO RECOMMENDATIONS ON SELF-CARE ABORTION AND FAMILY PLANNING AMONG STAKEHOLDERS, INCLUDING PROVIDERS, PHARMACISTS, AND POLICY MAKERS, IN EECA COUNTRIES.
- STRENGTHENED POLITICAL WILL AND COMMITMENT OF MINISTRY OF HEALTH REPRESENTATIVES IN EECA COUNTRIES TO IMPLEMENT WHO 2022 RECOMMENDATIONS ON SAFE ABORTION, INCLUDING ASPECTS RELATED TO ABORTION AND POST-ABORTION SELF-CARE SERVICES.
- STRENGTHENED KNOWLEDGE AND CAPACITY OF WOMEN'S RIGHTS ORGANIZATIONS IN THE EECA REGION TO PROMOTE AND USE SELF-CARE IN ABORTION AND FAMILY PLANNING SERVICES.
- ENHANCED CAPACITY OF THE REGIONAL REPRODUCTIVE HEALTH AND RIGHTS COALITION TO NETWORK AND WORK COLLABORATIVELY IN ADVANCING THE WHO 2022 RECOMMENDATIONS ON SAFE ABORTION, ESPECIALLY THOSE EMPHASIZING THE AUTONOMY OF WOMEN AND GIRLS SEEKING ABORTION AND FAMILY PLANNING SERVICES.



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SAFE MEDICAL ABORTION IN TRANSNISTRIA WITH THE HELP OF SAFE ABORTION FUND

WHILE SIGNIFICANT PROGRESS HAS BEEN MADE IN THE PAST FEW YEARS TO MAKE COMPREHENSIVE ABORTION CARE (CAC) MORE ACCESSIBLE AND BETTER ALIGNED WITH THE MOST RECENT WHO RECOMMENDATIONS ON THE RIGHT BANK OF THE DNIESTER RIVER, MUCH LESS PROGRESS HAS BEEN MADE ON THE LEFT BANK OF THE DNIESTER RIVER, IN MOLDOVA'S POST-CONFLICT REGION - TRANSNISTRIA.

WHILE NATIONAL ABORTION STANDARDS HAVE BEEN MODIFIED TO ADDRESS BARRIERS IN MAINLAND MOLDOVA, WOMEN AND GIRLS IN TRANSNISTRIA FACE PERTINENT CHALLENGES IN ACCESSING MA. FIRSTLY, THOSE LIVING IN RURAL AREAS MUST TRAVEL TO ONE OF THE REGIONAL REPRODUCTIVE HEALTH CENTRES TO OBTAIN MA, WHICH CAN ONLY BE PROVIDED BY CERTIFIED OBSTETRICIAN-GYNAECOLOGISTS (OB-GYNS). POOR WOMEN AND GIRLS ARE AFFECTED DISPROPORTIONATELY BY LOST WAGES DUE TO MISSED WORK OR ACCRUING COSTS, SUCH AS TRANSPORTATION, THEY CANNOT AFFORD. IN ADDITION, ALONG WITH RECEIVING INITIAL MA COUNSELLING IN PERSON, BENEFICIARIES OF MA MUST RETURN FOR A FOLLOW-UP VISIT TO ASSESS THE PROCEDURE'S SUCCESS TWO WEEKS AFTER ADMINISTERING THE MEDICATIONS, SUBSEQUENTLY DOUBLING ANY BARRIERS ENCOUNTERED DURING THE FIRST VISIT.

FURTHERMORE, MA IN TRANSNISTRIA IS UNDERUTILIZED, WHICH IS LIKELY INFLUENCED BY THE TWO COMPULSORY IN-PERSON VISITS AND THE BARRIERS THIS CREATES.

PROVIDED THE SAFETY, ACCEPTABILITY, EFFECTIVENESS, AND COST SAVINGS OF THE TELEMEDICINE MA SERVICE IN MAINLAND MOLDOVA AND IN OTHER COUNTRIES AROUND THE WORLD, IT IS EXPECTED THAT IT WOULD LEAD TO SIMILAR RESULTS IF OPERATIONALIZED AND PROVIDED IN TRANSNISTRIA.



PROJECT'S LONG TERM RESULT'S

- THE REPRODUCTIVE HEALTH AND FAMILY PLANNING CENTRE LOCATED IN TIRASPOL, TRANSNISTRIA'S MOST POPULOUS CITY, HAS THE CAPACITY TO PROVIDE MA VIA TELEMEDICINE AND COORDINATE IT IN THE REGION, VIA SEVEN CAC MODEL CENTRES.
- OB-GYNS FROM THE 7 CAC MODEL CENTRES PROVIDE QUALITY MA COUNSELLING VIA TELEMEDICINE TO WOMEN AND GIRLS IN TRANSNISTRIA.
- INCREASED ACCESS TO MA INFORMATION AND SERVICES AMONG WOMEN AND GIRLS IN TRANSNISTRIA, ESPECIALLY THOSE WHO LIVE IN RURAL AREAS, HAVE FEWER FINANCIAL RESOURCES, OR HAVE DISABILITIES.
- INCLUSION OF TELEMEDICINE MA INTO THE CURRENT PUBLIC HEALTHCARE SYSTEM BY LOCAL PUBLIC HEALTH AUTHORITIES IN TRANSNISTRIA.



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INTERNATIONAL SAFE ABORTION DAY

ON SEPTEMBER 28, 2023, THE REPRODUCTIVE HEALTH TRAINING CENTER COMMEMORATED THE INTERNATIONAL SAFE ABORTION DAY BY INVOLVING IN A DISCUSSION A DIVERSE TEAM OF 30 PROFESSIONALS, INCLUDING DOCTORS, PROJECT MANAGERS, RHTC'S VOLUNTEERS AND GUESTS FROM MOLDOVA, TRANSNISTRIA AND UKRAINE.



IDENTIFICATION OF YOUNG PEOPLE'S KNOWLEDGE ON SEXUALITY EDUCATION

THESE TRAININGS ARE PART OF A SERIES OF ACTIVITIES PLANNED WITHIN THE PROJECT "IDENTIFICATION OF YOUNG PEOPLE'S KNOWLEDGE ON SEXUALITY EDUCATION THROUGH PUBLIC LIBRARIES IN THE REPUBLIC OF MOLDOVA", A PROJECT IMPLEMENTED BY THE REPRODUCTIVE HEALTH TRAINING CENTER, IN PARTNERSHIP WITH THE ADAM MICKIEWICZ POLISH LIBRARY, AND WITH THE FINANCIAL SUPPORT OF SOLIDARITÉS INTERNATIONAL. MORE THAN 500 CHILDREN ENGAGED IN SEXUAL REPRODUCTIVE HEALTH WORKSHOPS TAILORED TO THEIR NEEDS, FOCUSING ON UNDERSTANDING THEIR OWN BODIES, AS WELL AS THOSE OF OTHERS, AND THE CHANGES THAT WILL OCCUR AS THEY AGE.



THE RHTC HAS DISTRIBUTED MORE THAN 1500 INFORMATION HANDBOOKS ON SEXUAL AND REPRODUCTIVE HEALTH AND RELATED RIGHTS FOR FAMILY DOCTORS THROUGHOUT THE COUNTRY.

THIS MATERIAL IS AN INFORMATION HANDBOOK FOR FAMILY DOCTORS, YOUTH FRIENDLY HEALTHCARE CENTER STAFF, GYNECOLOGISTS FROM THE SPECIALIZED OUTPATIENT MEDICAL ASSISTANCE, AND OTHER HEALTHCARE SYSTEM STAFF INTERESTED IN THE TOPIC. THE HANDBOOK INCLUDES THE INFORMATION ON SEXUAL AND REPRODUCTIVE HEALTH AND RIGHTS (SRHR) WHICH IS USEFUL FOR THE HEALTHCARE SYSTEM STAFF WHEN THEY NEED TO ASSIST BENEFICIARIES WITH DISABILITIES THEY WORK WITH, OFFERING ACCESS TO HIGH-QUALITY INFORMATION AND SERVICES IN THE SPHERE OF SRHR.



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THE REPRPDUCTIVE HEALTH TRAINING CENTER YEAR 2023

IN 2023, THE REPRODUCTIVE HEALTH TRAINING CENTER DELIVERED THREE ONLINE TRAINING SESSIONS TAILORED TO CATER TO THE NEEDS OF YOUNG GYNECOLOGY DOCTORS, MEDICAL STUDENTS ASPIRING TO SPECIALIZE IN GYNECOLOGY, AND REPRESENTATIVES FROM NON-GOVERNMENTAL ORGANIZATIONS IN MOLDOVA AND TRANSNISTRIA. THESE TRAINING SESSIONS WERE METICULOUSLY DESIGNED TO PROVIDE PARTICIPANTS WITH IN-DEPTH KNOWLEDGE AND PRACTICAL SKILLS ESSENTIAL FOR THEIR RESPECTIVE ROLES IN THE FIELD OF REPRODUCTIVE HEALTH. COVERING A WIDE RANGE OF TOPICS, THE TRAININGS AIMED TO EQUIP ATTENDEES WITH THE LATEST ADVANCEMENTS, TECHNIQUES, AND BEST PRACTICES IN GYNECOLOGY AND REPRODUCTIVE HEALTH CARE. BY OFFERING THESE TRAINING PROGRAMS, THE CENTER ENDEAVORS TO EMPOWER HEALTHCARE PROFESSIONALS AND ORGANIZATIONS TO DELIVER HIGH-QUALITY REPRODUCTIVE HEALTH SERVICES AND CONTRIBUTE TO IMPROVING THE OVERALL WELL-BEING OF COMMUNITIES IN MOLDOVA.

TRAININGS GEARED TOWARDS YOUNG DOCTORS

THIS TRAINING PROGRAM AIMED TO DEEPEN THE KNOWLEDGE OF 25 YOUNG DOCTORS AND DELVED DEEPER INTO TOPICS OF STIS, HIV/AIDS, HPV VACCINATION, AND LGBTQ+ HEALTHCARE ACCESS AND DISCRIMINATION IN THE FIELD OF SEXUAL AND REPRODUCTIVE HEALTH.

TRAININGS AIMED AT MEDICAL STUDENTS

THIS TRAINING PROGRAM WAS DESIGNED TO EDUCATE MEDICAL STUDENTS ON A RANGE OF SEXUAL AND REPRODUCTIVE HEALTH TOPICS TO ENSURE THEY ARE WELL-INFORMED AND SENSITIVE HEALTHCARE PROVIDERS BY COVERING SEXUAL AND REPRODUCTIVE RIGHTS, INCLUDING THE RIGHT TO ABORTION AND ABORTION VIA TELEMEDICINE, FAMILY PLANNING, CONTRACEPTIVE METHODS, AND STIS PREVENTION. 35 STUDENS PARTICIPATED IN THE SEMINAR.

TRAININGS FOR NGO REPRESENTATIVES

THE ONLINE EVENT ADRESSED LGBTQ+ TERMINOLOGY, DISCRIMINATION IN MEDICINE, ACCESS TO ABORTION AND BARRIERS TO HEALTHCARE SERVICES TO REPRESENTATIVES OF 12 NGO'S FROM MOLDOVA AND TRANSNISTRIA.

TRAINING: "SYNERGIES - HUMANITY & INCLUSION: HANDICAP INTERNATIONAL FEDERATION KICK-OFF WORKSHOP FOR ORGANIZATIONS OF PERSONS WITH DISABILITIES"



INCLUSIVE HUMANITARIAN ACTION FOCUSES ON IDENTIFYING AND REMOVING BARRIERS SO THAT PEOPLE AND GROUPS WHO ARE MORE AT RISK, DISCRIMINATED AND/OR EXCLUDED CAN PARTICIPATE IN THE DECISION-MAKING PROCESS AND BENEFIT FROM HUMANITARIAN ACTIONS ON AN EQUAL BASIS WITH OTHERS, WHILE BEING ABLE TO IMPROVE AND DEVELOP INCLUSIVE HUMANITARIAN ACTIONS THEMSELVES. THE WORKSHOP WAS AIMED AT FINDING SOLUTIONS FOR:

- INCLUSIVE EDUCATION FOR CHILDREN WITH DISABILITIES (FORMAL/NON-FORMAL, PUBLIC/PRIVATE EDUCATION), AIMING TO WORK ON BARRIERS AND FACILITATORS ANALYSIS FOR CHILDREN WITH DISABILITIES, AND THE IMPLEMENTATION OF BARRIERS REMOVAL AND INCLUSION PROCESS IN THE EDUCATION SECTOR.
- LOT 2: INCLUSIVE EMPLOYMENT FOR PERSONS WITH DISABILITIES, AIMING TO WORK ON BARRIERS AND FACILITATORS ANALYSIS FOR PERSONS WITH DISABILITIES IN THE MOLDOVAN LABOR MARKET, AND THE IMPLEMENTATION OF BARRIERS REMOVAL AND INCLUSION PROCESS IN THE EMPLOYMENT/LIVELIHOODS SECTOR.



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CHILDREN SUMMER CAMP

THE REPRODUCTIVE HEALTH TRAINING CENTER, WITH SUPPORT FROM SOLIDARITY INTERNATIONAL, IN COLLABORATION WITH THE ADAM MICKIEWICZ POLISH LIBRARY ORHANISED A CHILDREN SUMMER CAMP. THE CAMP FOCUSES ON INCLUSIVE EDUCATION, CATERING TO 50% REFUGEE CHILDREN AND 50% NON-REGUGEE CHILDREN, INCLUDING THOSE FROM THE UKRAINIAN AND POLISH DIASPORA, VULNERABLE MOLDOVAN GROUPS, AND CHILDREN WITH DISABILITIES.

KEY COMPONENTS OF THE PROJECT INCLUDE LANGUAGE COURSES TO ADDRESS LANGUAGE BARRIERS, PROVIDING A SAFE SPACE FOR CHILDREN TO EXPRESS THEMSELVES, AND OFFERING VARIOUS ACTIVITIES. RHTC'S INVOLVEMENT FEATURES HEALTH AND HYGIENE EDUCATION AND ACCESS TO PSYCHOLOGIST CONSULTATIONS, CITY EXCURSIONS, DRAWING CLASSES, AND LEISURE ACTIVITIES



FUN EXTRACURRICULAR ACTIVITIES FOR CHILDREN OVER THE SPAN OF THE PROJECT 624 CHILDREN PARTICIPATED IN ACTIVITIES INCLUDING ENGLISH LANGUAGE, ROMANIAN LANGUAGE FOR NON-NATIVE SPEAKERS, PAINTING CLASSES, MUSIC LESSONS, SINGING LESSONS, BOARD GAMES, READING AND MUCH MORE. ACTIVITIES THAT EXPANDED THEIR HORIZONS ANG GAVE MORE TIME TO THEIR LEGAL CARE GIVERS FOR OTHER ACTIVITIES.



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"ACCESSIBILITY FOR PEOPLE WITH DISABILITIES IN MEDICAL INSTITUTIONS" - VIDEO



THE RHTC, IN PARTNERSHIP WITH THE MINISTRY OF HEALTH CONDUCTED THE NATIONAL EVALUATION AND ACCREDITATION STANDARDS OF SPECIALIZED AMBULATORY HEALTHCARE INSTITUTIONS SO THAT THEY CONTAIN INTERNATIONAL STANDARDS OF ACCESSIBILITY.



THE VIDEO CAN BE VIEWED IN ROMANIAN, WITH TRANSLATION IN SIGN LANGUAGE AND SUBTITLES IN ROMANIAN AND RUSSIAN. THEY WERE CREATED WITHIN THE PROJECT "INCLUSIVE AND ACCESSIBLE FOR ALL: A MULTI-COMPONENT APPROACH TO PROMOTING SEXUAL RIGHT AND REPRODUCTIVE HEALTH WHILE RESPECTING THE RIGHTS OF WOMEN AND GIRLS WITH DISABILITIES", WITH THE SUPPORT OF THE EMBASSY OF FINLAND IN BUCHAREST, WITHIN THE FUND FOR LOCAL COOPERATION.

WORKING GROUP FOR MOLDAVIAN LEGISLATION REGARDING PROGRESS TOWARDS GENDER EQUALITY

THE WORKSHOP ORGANISED BY THE WOMWN'S LAW CENTER CONVENEED APPROXIMATELY 25 PARTICIPANTS, REPRESENTING CRUCIAL MINISTRIES SUCH AS THE MINISTRY OF LABOR AND SOCIAL PROTECTION (MMPS), THE MINISTRY OF INTERNAL AFFAIRS (MAI), THE MINISTRY OF HEALTH (MOH), AND THE MINISTRY OF EDUCATION AND RESEARCH (MEC). ADDITIONALLY, PARTICIPANTS INCLUDED REPRESENTATIVES FROM CIVIL SOCIETY, MEMBER ORGANIZATIONS OF THE NATIONAL COALITION FOR LIFE WITHOUT VIOLENCE (CN), THE GENDER EQUALITY PLATFORM, NATIONAL EXPERTS, AND ESTEEMED DEVELOPMENT PARTNERS SUCH AS UNFPA, UN WOMEN, THE COLLABORATIVE EFFORTS DURING THE WORKSHOP CULMINATED IN THE FORMULATION OF SPECIFIC RECOMMENDATIONS DESIGNED TO SUPPORT PROGRESS IN THE IDENTIFIED AREAS AND CHANGE THE LEGISLATION IN THE REPUBLIC OF MOLDOVA IN ORDER TO FACILITATE THESE NEEDED CHANGES.AND UNICEF.

THE WORKING GROUP CAME UP WITH 49 RECOMANDATIONS FOR FAMILY POLITICS, GENDER BASED VIOLENCE, THE ROLE OF MEN IN THE FAMILY AND RAISING OF CHILDREN, AND SEXUAL REPRODUCTIVE HEALTH. THE RESULTS CAN BE FOUND IN THE IMAGES2024 STUDY.



THE RHTC'S 2023 INTERNATIONAL PARTICIPATIONS AS EXPERTS IN SEXUAL REPRODUCTIVE HEALTH

CONFERENCE ON THE MANAGEMENT OF MEDICAL ABORTION AZWERBAIJIAN

UNFOLDED AS A PIVOTAL GATHERING, ATTRACTING OVER 100 PARTICIPANTS FROM DIVERSE BACKGROUNDS—POLICYMAKERS, HEALTHCARE PROVIDERS, AND MEMBERS OF THE MEDICAL COMMUNITY. THE EVENT PROVIDED AN INVALUABLE PLATFORM FOR THE EXCHANGE OF KNOWLEDGE AND EXPERIENCES IN THE REALM OF REPRODUCTIVE HEALTH.

DR. RODICA COMENDANT, THE DIRECTOR AND COORDINATOR OF RHTC, ASSUMED A CENTRAL ROLE IN THE CONFERENCE. FOR A COMPELLING 90 MINUTES, SHE ENGAGED THE AUDIENCE WITH A COMPREHENSIVE OVERVIEW OF MEDICAL ABORTION. DR.

COMENDANT DELVED INTO THE WORLD HEALTH ORGANIZATION'S (WHO) LATEST RECOMMENDATIONS, OFFERING INSIGHTS INTO NEW APPROACHES SUCH AS SELF-MANAGED MEDICAL ABORTION AND TELEMEDICINE-BASED SERVICES. DRAWING FROM MOLDOVA AND OTHER REGIONAL COUNTRIES' EXPERIENCES, SHE SOUGHT TO CONVINCE THE AUDIENCE THAT THESE METHODS WERE NOT ONLY SAFE BUT ALSO EFFICIENT, MAKING A CASE FOR REMOTE SERVICES AS A VIABLE ALTERNATIVE TO CLINIC-BASED PROCEDURES.

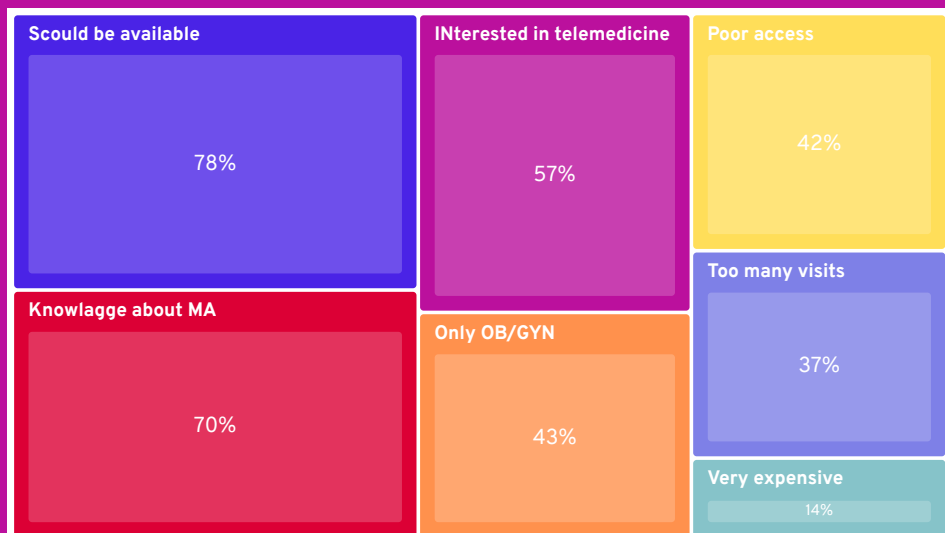


THE INTERNATIONAL CONFERENCE "REPRODUCTIVE HEALTH OF THE ADOLESCENTS AND YOUTHS" ORGANIZED BY KMPA AND RHTC IN ALMATY, KAZAKHSTAN

THE CONFERENCE WAS ORGANIZED BY KAZAKH ASSOCIATION OF FAMILY PLANNING (KMPA) AND RHTC ON THE 7-8TH APRIL 2023 HYBRID FORMAT, ON-LINE AND IN-PERSON, WITH MORE THEN 400 PARTICIPANTS ATTENDING. A MASTER-CLASS ON MA WAS ORGANIZED, WHICH COVERED THE ASPECTS OF SAFETY, EFFECTIVENESS AND RECOMMENDED BY WHO REGIMENS FOR MA, INCLUDING THE USE OF TELEMEDICINE, CONDUCTED BY DR RODICA COMENDANT AND DR GALINA GREBENNICOVA, KMPA DIRECTOR, THE COUNTRY COORDINATOR FOR GCC AND SAAF PROJECT. NUMEROUS QUESTIONS HAVE BEEN ANSWERED BY THE SPEAKERS AND MANY MISUNDERSTANDINGS WERE CLARIFIED. THE RESULTS OF THE PILOT-STUDY CONDUCTED WITH GYNUITY HEALTH PROJECTS IN UZBEKISTAN, PRESENTED BY DR DILFUZA KURBANBEKOVA AND THE RESULTS OF THE FORMATIVE RESEARCH ON THE FEASIBILITY OF MA VIA TELEMEDICINE IN KAZAKHSTAN WERE PRESENTED BY DR GREBENNICOVA.

THE FORMATIVE RESEARCH SHOWED THE FOLLOWING:

14% OF WOMEN CONSIDER THAT THE ACCESS TO ABORTION SERVICES IS VERY POOR AND MENTIONED IN 42% THAT IS VERY EXPENSIVE, 37% CONSIDER THERE ARE TOO MANY VISITS. 43% SAID WOMEN NEED TO STAY IN THE CLINICS FOR MA AND ONLY OB/GYNS CAN PROVIDE THE MA SERVICES. 70% OF WOMEN HAVE THE KNOWLEDGE ABOUT TELEMEDICINE, 33 % ARE SURE THEY CAN MANAGE MA THEMSELVES. 57% OF THEM ARE VERY INTERESTED IN TELEMEDICINE MA AND 78% CONSIDER IT SHOULD BE AVAILABLE IN THE COUNTRY.



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BREAKING BARRIERS: ADVANCING REPRODUCTIVE HEALTHCARE THROUGH TELEMEDICINE - INSIGHTS FROM THE BAKU CONFERENCE ON MEDICAL ABORTION

THE CONFERENCE ON THE MANAGEMENT OF MEDICAL ABORTION UNFOLDED AS A PIVOTAL GATHERING, ATTRACTING OVER 100 PARTICIPANTS FROM DIVERSE BACKGROUNDS—POLICYMAKERS, HEALTHCARE PROVIDERS, AND MEMBERS OF THE MEDICAL COMMUNITY. THE EVENT PROVIDED AN INVALUABLE PLATFORM FOR THE EXCHANGE OF KNOWLEDGE AND EXPERIENCES IN THE REALM OF REPRODUCTIVE HEALTH.

ROUND TABLE ON THE THEME "IMPROVING ACCESS TO MEDICAL ABORTION SERVICES THROUGH TELEMEDICINE IN KYRGYZSTAN: DISCUSSION OF PILOT STUDY RESULTS AND DEVELOPMENT OF A FOLLOW-UP ACTION PLAN"

IT WAS DECIDED THAT IT IS NECESSARY TO PREPARE AN ACTION PLAN FOR THE FUTURE IN ORDER TO CONTINUE THIS EFFORT ON THE USE OF TELEMEDICINE, ESPECIALLY FOR THE MEDICAL ABORTION SERVICE IN KYRGYZSTAN, BUT ALSO IN NEIGHBOURING COUNTRIES.



"NEW PRICE LIST FOR HEALTH CARE ORGANIZATIONS IN THE KYRGYZ REPUBLIC FOR THE PROVISION OF MEDICAL SERVICES IN THE FIELD OF GYNECOLOGY". BISHKEK, KYRGYZSTAN

THE EVENT WAS ATTENDED BY 60 EXPERTS (GYNECOLOGISTS AND OBSTETRICIANS, REPRESENTATIVES OF THE MINISTRY OF HEALTH AND THE NATIONAL INSURANCE DEPARTMENT OF KYRGYZSTAN)



A TRAINING OF TRAINERS "MEDICAL ABORTION VIA TELEMEDICINE" WAS ORGANIZED BY RHTC AND KMPA IN KAZAKHSTAN

THE ACTIVITY ARE PART OF AN ACTIVE AND IMPORTANT PROCESS TO IMPLEMENT THE RECENTLY UPDATED NATIONAL PROTOCOL ON SAFE ABORTION, WHERE THE CHAPTER DEDICATED TO TMA WAS INTRODUCED AND BECAME AN IMPORTANT STEP TOWARD IMPROVING THE QUALITY LEVEL OF SAFE ABORTION AND REPRODUCTIVE HEALTH SERVICES IN KAZAKHSTAN.



LAUNCH OF THE PILOT STUDY ON MEDICAL ABORTION SERVICES VIA THE TELEMEDICINE

ORGANIZED BY RHTC IN COLABORATION WITH THE MINISTER OF HEALTH OF TRANSNISTRIA AND FAMILY PLANNING AND REPRODUCTIVE HEALTH CENTER FROM TIRASPOL CITY, DEDICATED TO THE LAUNCH OF THE PILOT STUDY ON MEDICAL ABORTION SERVICES VIA THE TELEMEDICINE PLATFORM.

TRAINING SESSION ON MEDICAL ABORTION IN TIRASPOL

THIS DAY MARKED A SIGNIFICANT ACHIEVEMENT FOR THE RHTC TEAM. WE SUCCESSFULLY FULFILLED OUR OBJECTIVE OF ASSISTING OUR COLLEAGUES IN TRANSNISTRIA IN EMBRACING PROGRESS, ACCEPTING CHANGE, AND RECOGNIZING IT AS A POSITIVE STRIDE TOWARD THE FUTURE OF THEIR COMMUNITY.



MA PILOT STUDY IN TRANSNISTRIA

EXPANDING ON THE SUCCESS OF A PILOT STUDY INITIATED IN JUNE 2023 BY RHTC IN TIRASPOL, ON OCTOBER 12 2023 WE ORCHESTRATED AND ACTIVELY PARTICIPATED IN A DISSEMINATION AND TRAINING WORKSHOP IN TIRASPOL AND DECIDED TO EXTEND THE STUDY'S DURATION AND PARTICIPANT NUMBERS. THE DECISION WAS DRIVEN BY THE REMARKABLE UNDERSTANDING AND ADOPTION OF INNOVATIVE PATIENT-PROVIDER INTERACTION METHODS, THE SIMPLICITY OF THE MEDICAL ABORTION PROCESS THROUGH TELEMEDICINE, THE TRUST EXHIBITED BY PARTICIPANTS, AND THE EXPRESSED INTEREST FROM ADDITIONAL CITIES IN TRANSNISTRIA.

THE REPRPDUCTIVE HEALTH TRAINING CENTER YEAR 2023

RHTC ORGANISED TTHE PROJECT "INCLUSIVE AND ACCESSIBLE FOR ALL: A MULTI-COMPONENT APPROACH TO PROMOTING THE SEXUAL AND REPRODUCTIVE HEALTH AND RESPECTING THE RIGHTS OF WOMEN AND GIRLS WITH DISABILITIES"



MEDICAL INFORMATIVE SESSIONS

AS PART OF THE NATIONAL PROGRAM FOR SEXUAL AND REPRODUCTIVE HEALTH AND RIGHTS, THE REPRODUCTIVE HEALTH TRAINING CENTER, IN COLLABORATION WITH THE MINISTRY OF HEALTH, CONDUCTED FOUR INFORMATIVE SESSIONS FROM OCTOBER 16 TO 19, 2023. AIMED AT OBSTETRICIANS-GYNECOLOGISTS, FAMILY DOCTORS, AND EDUCATORS, THE SESSIONS FOCUSED ON THE USE OF MODERN CONTRACEPTIVE METHODS, SPECIFICALLY THE "STANDARDIZED CLINICAL PROTOCOL FOR FAMILY PHYSICIANS AND OBSTETRICIANS AND GYNECOLOGISTS - IMPLANTS."



YOUTH SEXUAL HEALTH KNOWLEDGE RESEARCH

THE REPRODUCTIVE HEALTH TRAINING CENTRE, IN COLLABORATION WITH THE "ADAM MICKIEWICZ" LIBRARY AND WITH THE SUPPORT OF SOLIDARITY INTERNATIONAL, HAS INITIATED ON THE NOVEMBER 11TH 2023 A RESEARCH PROJECT TO ASSESS THE LEVEL OF YOUNG PEOPLE'S KNOWLEDGE ABOUT SEXUALITY EDUCATION THROUGH PUBLIC LIBRARIES IN THE REPUBLIC OF MOLDOVA. THIS STUDY WILL INFORM FUTURE PROJECTS IN THIS DOMAIN.



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